

Oroville Dam Fast 5K Series Improvement Record

First name	Last Name	City	Division	5/5/2010 pace1		6/2/2010 pace2		percent1	7/7/2010 pace3		percent2
Brian	Edge	Oroville	5K Advanc	18:52	6:05/M						
Gary	Lotspeich	Oroville	5K Advanc	23:19	7:31/M	23:41	7:38/M	-1.59%			
Greg	Baron	Paradise	5K Beginne			46:07	14:53/M				
Amanda	Bell-Corona	Chico	5K Beginne	26:55	8:41/M	25:02	8:05/M	7.03%			
Marygail	Bender	Chico	5K Beginne			42:27	13:42/M				
Susan	Bertis	Oroville	5K Beginne	29:26	9:30/M	28:59	9:21/M	1.51%	29:05	9:23/M	1.20%
Lena	Correa	Oroville	5K Beginne			41:44	13:28/M		56:00	18:04/M	-34.16%
Jessika	Fattal	Oroville	5K Beginne	32:24	10:27/M						
Sarah	Garcia	Chico	5K Beginne	26:55	8:41/M	25:01	8:04/M	7.09%			
Peter	Gibson	Oroville	5K Beginne						27:29	8:52/M	
Kellie	Gross	Biggs	5K Beginne	32:39	10:32/M						
Bill	Harrington	Chico	5K Beginne			34:14	11:03/M				
Mary Kaye	Haughey	Chico	5K Beginne	47:12	15:14/M	46:48	15:06/M	0.83%	49:43	16:02/M	-5.34%
Pam	Hospers	Chico	5K Beginne	40:56	13:12/M	42:27	13:42/M	-3.69%	41:17	13:19/M	-0.84%
William	Inman	Carson City	5K Beginne	36:22	11:44/M	38:03	12:16/M	-4.62%	34:53	11:15/M	4.06%
Bailey	Kassel	Oroville	5K Beginne	37:47	12:11/M	38:56	12:34/M	-3.05%			
Hayden	Kassel	Oroville	5K Beginne	32:48	10:35/M						
Kassie	Moore	Paradise	5K Beginne	38:22	12:23/M						
Gerardo	Muniz	Paradise	5K Beginne	29:33	9:32/M	29:33	9:32/M	0.00%			
Debbie	Novell	Oroville	5K Beginne	39:32	12:45/M	39:42	12:48/M	-0.43%			
Donald	Rioux	Chico	5K Beginne	40:29	13:04/M						
Linda	Scott	Live Oak	5K Beginne			32:42	10:33/M				
Brad	Sena	Oroville	5K Beginne	26:42	8:37/M						
Cameron	Sena	Oroville	5K Beginne	27:32	8:53/M						
Stacey	Tonick	Oroville	5K Beginne	35:55	11:35/M	37:22	12:03/M	-4.02%	35:18	11:23/M	1.73%
David	Van Order	Paradise	5K Beginne	23:34	7:36/M				23:28	7:34/M	0.43%
Scott	Bowden	Live Oak	5K Interme	24:38	7:57/M	23:20	7:32/M	5.29%	24:32	7:55/M	0.41%
Dino	Correa	Oroville	5K Interme			29:53	9:38/M				
Amy	Crane	Chico	5K Interme	28:02	9:03/M	29:49	9:37/M	-6.39%	30:29	9:50/M	-8.76%
Brett	Crane	Chico	5K Interme	27:29	8:52/M	28:46	9:17/M	-4.68%	28:50	9:18/M	-4.92%
Lori	Curtis	Gridley	5K Interme	31:53	10:17/M	31:12	10:04/M	2.16%	31:49	10:16/M	0.21%
Eric	Eckhart	Chico	5K Interme	23:29	7:35/M						
Susie	Fattal	Oroville	5K Interme	28:26	9:10/M						
Rhonda	Ferland	Oroville	5K Interme	31:16	10:05/M						
Kirsten	Gobel	Willows	5K Interme	22:07	7:08/M	21:41	7:00/M	1.93%			
Carrisa	Gokay	Willows	5K Interme	24:37	7:56/M						
Tracie	Hannick	Chico	5K Interme	27:41	8:56/M	27:43	8:56/M	-0.12%	30:06	9:43/M	-8.71%
Laurie	Kee	Oroville	5K Interme	28:55	9:20/M	28:14	9:06/M	2.39%	29:39	9:34/M	-2.53%
Louis	Moore	Paradise	5K Interme	21:19	6:53/M	20:27	6:36/M	4.06%	20:53	6:44/M	2.01%
Elisha	Novell	Oroville	5K Interme	23:11	7:29/M	23:18	7:31/M	-0.51%			
Stephen	Scheer	Oroville	5K Interme	24:43	7:58/M	23:29	7:35/M	5.00%			

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Jerry	Scott	Live Oak	5K Interme			29:10	9:25/M				
David	Sieperda	Durham	5K Interme			25:14	8:08/M				
Julie	Simon	Oroville	5K Interme	29:10	9:25/M	29:31	9:31/M	-1.21%			
Jarold	Stokes	Oroville	5K Interme	21:39	6:59/M	21:59	7:05/M	-1.55%			
James	Tonick	Oroville	5K Interme	32:08	10:22/M	30:05	9:42/M	6.38%	32:28	10:28/M	-1.05%
Tyler	West	Chico	5K Interme			21:21	6:53/M				
Holly	Whittaker	Chico	5K Interme	33:10	10:42/M	32:15	10:24/M	2.76%	34:01	10:58/M	-2.56%
Pam	Hall	Paradise	5K Walker			52:39	16:59/M				
Amelia	Jennings	Oroville	5K Walker						43:55	14:10/M	
Mary	Rudolph	Oroville	5K Walker	47:41	15:23/M						
Kathi	Wright	Paradise	5K Walker			52:39	16:59/M		49:51	16:05/M	5.31%